

Paul M. Deutsch & Associates, P.A.
 10 Windsormere Way, Suite 400
 Oviedo, FL 32765
 (407) 977-3223 Fax (407) 977-0311

Life Care Plan

Marion Gold

Projected Evaluations

DOB: Jun 25, 1967
D/A: Mar 8, 1999
Date Prepared: Jan 7, 2004
Primary Disability: Quadriplegia

Item / Service	Age Year	Frequency/ Replacement	Purpose	Cost	Comment	Recommended By
<i>Rehabilitation / Long-Term Needs Assessment</i>	Beginning 36 11/10/03	1 X only, already accomplished.	Assess Handicapping Conditions.	Per Unit	Already accomplished as of 11/10/03 evaluation.	Paul M. Deutsch, Ph.D., C.R.C. CCM. CLCP, FIALCP Lic. Mental Hlth. Couns. (Chptr. 491 Psych. Pract. Act.)
	Ending 36 11/10/03			Per Year		
<i>Psychological</i>	Beginning 36 1/2004	1 X Only	Formulate treatment plan to assist with adjustment to disability.	Per Unit		Paul M. Deutsch, Ph.D., C.R.C. CCM. CLCP, FIALCP Lic. Mental Hlth. Couns. (Chptr. 491 Psych. Pract. Act.)
	Ending 36 1/2004			Per Year		

According to research published by the U.S. Preventive Services Task Force (USPSTF), the Clinical Practice Guidelines published by the Consortium for Spinal Cord Medicine (CSCM), and MEDLINE, 33 preventive procedures are recommended in the Veteran's Administration's (VA) Annual Exam for persons with SCI. These include Psychosocial Assessment, Vocational Rehabilitation, Sexuality, Rehabilitation evaluation to include changes due to aging, Dietary and Nutritional Assessment.

<i>Physical Therapy</i>	Beginning 36 1/2004	1 X / 1-2 years as part of spinal cord re-evaluation.	Monitor therapy program and equipment needs.	Per Unit \$0 - \$0	Cost covered in spinal cord injury re-evaluations.	Paul M. Deutsch, Ph.D., CRC, CCM, CLCP, FIALCP based on medical information and client interview
	Ending Life Exp.			Per Year \$0 - \$0		
<i>Occupational Therapy</i>	Beginning 36 1/2004	1 X / 1-2 years as part of spinal cord re-evaluation.	Monitor independence with activities of daily living skills and make therapy and equipment recommendations.	Per Unit \$0 - \$0	Cost covered in spinal cord injury re-evaluations.	Paul M. Deutsch, Ph.D., CRC, CCM, CLCP, FIALCP based on medical information and client interview
	Ending Life Exp.			Per Year \$0 - \$0		

Growth Trend To Be Determined By Economist.

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<i>Assistive Technology Evaluation</i>	Beginning 36 1/2004	1 X / 3-4 Years	Evaluate technology needs and recommend equipment.	Per Unit		Paul M. Deutsch, Ph.D., CRC, CCM, CLCP, FIALCP based on medical information and client interview
	Ending 70 2037			Per Year		
<i>Recreational Therapy</i>	Beginning 36 1/2004	1 X / 4-6 Years	Assess leisure interests and recommend adaptive equipment.	Per Unit	Cost includes start up equipment and supplies. Periodic evaluations necessary to accommodate for phase changes.	Paul M. Deutsch, Ph.D., CRC, CCM, CLCP, FIALCP based on medical information and client interview
	Ending 70 2037			Per Year		
<i>Handicapped Driver Re-Evaluation</i>	Beginning 36 1/2004	1 X / 5-7 Years	Periodic reassessment with new adaptive technology.	Per Unit		Paul M. Deutsch, Ph.D., CRC, CCM, CLCP, FIALCP based on medical information and client interview
	Ending 70 2037			Per Year		
<i>Vocational Evaluation</i>	Beginning 36 1/2004	1 X Only	Assess vocational and educational potential and make recommendations.	Per Unit		Paul M. Deutsch, Ph.D., CRC, CCM, CLCP, FIALCP based on medical information and client interview
	Ending 36 1/2004			Per Year		
<i>Nutritional Evaluation</i>	Beginning 36 1/2004	1 X / 2-3 Years	Evaluate and make dietary recommendations.	Per Unit		Paul M. Deutsch, Ph.D., CRC, CCM, CLCP, FIALCP based on medical information and client interview
	Ending Life Exp.			Per Year		

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Projected Therapeutic Modalities

Item / Service	Age Year	Frequency/ Replacement	Purpose	Cost	Comment	Recommended By
<i>Individual Counseling</i>	Beginning 36 1/2004	1 X / week for 48 weeks; reduced to 2 X / month for 12 months; thereafter 4 - 6 X / year as needed for support.	Aid in psychosocial adjustment, and offer supportive interventions.	Per Unit		Paul M. Deutsch, Ph.D., C.R.C. CCM. CLCP, FIALCP Lic. Mental Hlth. Couns. (Chptr. 491 Psych. Pract. Act.)
	Ending Life Exp.			Per Year		

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<i>Family Education and Counseling</i>	Beginning 36 1/2004	2 X / month for 3 months.	Educate regarding disability and disability management.	Per Unit		Paul M. Deutsch, Ph.D., C.R.C. CCM. CLCP, FIALCP Lic. Mental Hlth. Couns. (Chptr. 491 Psych. Pract. Act.)
	Ending 36 3/2004			Per Year		

According to research published by the U.S. Preventive Services Task Force (USPSTF), the Clinical Practice Guidelines published by the Consortium for Spinal Cord Medicine (CSCM), and MEDLINE, 33 preventive procedures are recommended in the Veteran's Administration's (VA) Annual Exam for persons with SCI. These include Psychosocial Assessment, Vocational Rehabilitation, Sexuality, Rehabilitation evaluation to include changes due to aging, Dietary and Nutritional Assessment.

<i>Physical Therapy</i>	Beginning 36 1/2004	2 X / week (48 weeks / year) for 3 years; thereafter 4-6 X / year to train caregivers.	Prevent contractures, address spasticity, etc.	Per Unit		Paul M. Deutsch, Ph.D., C.R.C., CCM. CLCP, FIALCP and Theresa Reilly, M.D.
	Ending Life Exp.			Per Year		

<i>Occupational Therapy</i>	Beginning 36 1/2004	2 X / week (48 weeks / year) for 3 years.	Prevent contractures, address spasticity, train with aids for independent living.	Per Unit		Paul M. Deutsch, Ph.D., C.R.C., CCM. CLCP, FIALCP and Theresa Reilly, M.D.
	Ending 39 1/2007			Per Year		

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Item / Service	Age Year	Frequency/ Replacement	Purpose	Cost	Comment	Recommended By
<i>Career Guidance & Counseling</i>	Beginning 36 1/2004	2 X / week for 3 months now and one additional time as she completes retraining, estimate age 43.	Assist in career planning.	Per Unit	Career guidance to include: (A) career exploration; (B) career decision making; (C) matching of interests, job satisfiers, motivators, and abilities to available alternatives vocationally; (D) goal setting; (E) job seeking skills training.	Paul M. Deutsch, Ph.D., CRC, CCM, CLCP, FIALCP based on medical information and client interview
	Ending 43 2010			Per Year		

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According to research published by the U.S. Preventive Services Task Force (USPSTF), the Clinical Practice Guidelines published by the Consortium for Spinal Cord Medicine (CSCM), and MEDLINE, 33 preventive procedures are recommended in the Veteran's Administration's (VA) Annual Exam for persons with SCI. These include Psychosocial Assessment, Vocational Rehabilitation, Sexuality, Rehabilitation evaluation to include changes due to aging, Dietary and Nutritional Assessment.

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Diagnostic/Educational Testing

Item / Service	Age Year	Frequency/ Replacement	Purpose	Cost	Comment	Recommended By
<i>Bachelor's Degree</i>	Beginning 36 1/2004	Estimate 6 semesters (45 to 60 credit hours total) to complete BA/BS in Psychology or Counseling.	Return to college to prepare for career change.	Per Unit	Length of time assumes some credit is given for classes taken pertaining to her previously earned degree. Additional time will be needed for her to complete degree, due to difficulty carrying a full schedule.	Paul M. Deutsch, Ph.D., CRC, CCM, CLCP, FIALCP based on medical information and client interview 15
	Ending 40 2007			Per Year		
<i>Master's Degree</i>	Beginning 40 2007	Estimate 6 semesters to complete MA/MS in Psychology or Counseling.	Post graduate studies to prepare to be a counselor.	Per Unit	Additional time will be needed for her to complete degree, due to difficulty carrying a full schedule.	Paul M. Deutsch, Ph.D., CRC, CCM, CLCP, FIALCP based on medical information and client interview 16
	Ending 43 2010			Per Year		

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Wheelchair Needs

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Item / Service	Age Year	Frequency/ Replacement	Purpose	Cost	Comment	Recommended By
<i>Manual Wheelchair and Seating System</i>	Beginning 35 2002	1 X / 5-7 Years	Mobility and back-up to power chair.	Per Unit	Actual purchase date and price.	Paul M. Deutsch, Ph.D., CRC, CCM, CLCP, FIALCP based on medical information and client interview 17
	Ending Life Exp.			Per Year		
<i>Permoble Power Standing Wheelchair with Seating System</i>	Beginning 32 1999	1 X / 5-7 Years	Mobility	Per Unit	Actual purchase date and price.	Paul M. Deutsch, Ph.D., CRC, CCM, CLCP, FIALCP based on evaluation and review of medical information 18
	Ending Life Exp.			Per Year		
<i>Shower Wheelchair</i>	Beginning 36 1/2004	1 X / 3-4 Years	Aid in bathing	Per Unit	Actual purchase price of original chair in 2001. Marion indicates shower wheelchair in poor condition and needs replacement at this time.	Paul M. Deutsch, Ph.D., CRC, CCM, CLCP, FIALCP based on evaluation and review of medical information 19
	Ending Life Exp.			Per Year		

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Wheelchair Accessories and Maintenance

Item / Service	Age Year	Frequency/ Replacement	Purpose	Cost	Comment	Recommended By
<u>MAINTENANCE:</u> <i>Manual Wheelchair</i>	Beginning 36 1/2004	1 X / 2 Years (maintenance schedule reflects a more limited usage.)	Maintain equipment	Per Unit	Maintenance on equipment begins two years after each new item is purchased.	Paul M. Deutsch, Ph.D., CRC, CCM, CLCP, FIALCP based on evaluation and review of medical information 20
	Ending Life Exp.			Per Year		
<i>Power Standing Wheelchair</i>	Beginning 36 1/2004	1 X / Year	Maintain equipment	Per Unit	Maintenance on equipment begins one year after each new item is purchased.	Paul M. Deutsch, Ph.D., CRC, CCM, CLCP, FIALCP based on evaluation and review of medical information 21
	Ending Life Exp.			Per Year		
<i>Shower Wheelchair</i>	Beginning 37 1/2005	1 X / Year	Maintain equipment	Per Unit	Maintenance on equipment begins one year after each new item is purchased.	Paul M. Deutsch, Ph.D., CRC, CCM, CLCP, FIALCP based on medical information and client interview 22
	Ending Life Exp.			Per Year		
<u>ACCESSORIES:</u> <i>Wheelchair Cushions (2)</i>	Beginning 36 1/2004	1 X / 1-2 Years	Positioning and support for wheelchair and prevention of decubiti.	Per Unit		Paul M. Deutsch, Ph.D., CRC, CCM, CLCP, FIALCP based on evaluation and review of medical information 23
	Ending Life Exp.			Per Year		
<i>Cushion Covers (2)</i>	Beginning 36 1/2004	1 X / Year	Protect cushions	Per Unit		Paul M. Deutsch, Ph.D., CRC, CCM, CLCP, FIALCP based on evaluation and review of medical information 24
	Ending Life Exp.			Per Year		

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<i>Jay Protector Cushion</i>	Beginning 36 1/2004	1 X / 2-3 Years	Small, lightweight cushion used to protect posterior when transferring on hard surfaces or sitting out of wheelchair.	Per Unit		Paul M. Deutsch, Ph.D., CRC, CCM, CLCP, FIALCP based on evaluation and review of medical information ₂₅
	Ending Life Exp.			Per Year		
<i>Wheelchair Lap Tray</i>	Beginning 36 1/2004	1 X / 5-7 Years	Work & activity site	Per Unit		Paul M. Deutsch, Ph.D., CRC, CCM, CLCP, FIALCP based on evaluation and review of medical information ₂₆
	Ending Life Exp.			Per Year		
<i>Transfer Boards</i>	Beginning 32 1999	1 X / 3-4 Years	Assist in transfers	Per Unit	Actual purchase date and price.	Paul M. Deutsch, Ph.D., CRC, CCM, CLCP, FIALCP based on evaluation and review of medical information ₂₇
	Ending Life Exp.			Per Year		
<i>Portable Ramps</i>	Beginning 36 1/2004	1 X / 10 Years	Accessibility	Per Unit		Paul M. Deutsch, Ph.D., CRC, CCM, CLCP, FIALCP based on evaluation and review of medical information ₂₈
	Ending Life Exp.			Per Year		
<i>Wheelchair Carrying Pack</i>	Beginning 36 1/2004	1 X / Year	Convenience in carrying personal items.	Per Unit		Paul M. Deutsch, Ph.D., CRC, CCM, CLCP, FIALCP based on evaluation and review of medical information ₂₉
	Ending Life Exp.			Per Year		

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Wheelchair Accessories and Maintenance

Item / Service	Age Year	Frequency/ Replacement	Purpose	Cost	Comment	Recommended By
<i>Power Wheelchair Batteries</i>	Beginning 36 1/2004	1 X / Year	Provide power	Per Unit	Battery purchased one time per year except the year in which new power chair is purchased.	Paul M. Deutsch, Ph.D., CRC, CCM, CLCP, FIALCP based on evaluation and review of medical information
	Ending Life Exp.			Per Year		

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Orthopedic Equipment

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Item / Service	Age Year	Frequency/ Replacement	Purpose	Cost	Comment	Recommended By
<i>Standing Frame</i>	Beginning 36 1/2004	1 X / 5-7 Years	Provide health benefits of standing	Per Unit		Paul M. Deutsch, Ph.D., CRC, CCM, CLCP, FIALCP based on medical information and client interview 31
	Ending Life Exp.			Per Year		
<i>Maintenance of Standing Frame</i>	Beginning 37 1/2005	1 X / Year	Maintain equipment	Per Unit	Maintenance on equipment begins one year after each new item is purchased.	Paul M. Deutsch, Ph.D., CRC, CCM, CLCP, FIALCP based on medical information and client interview 32
	Ending Life Exp.			Per Year		

Growth Trend To Be Determined By Economist.

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Home Furnishings and Accessories

Item / Service	Age Year	Frequency/ Replacement	Purpose	Cost	Comment	Recommended By
<i>Hand Held Shower</i>	Beginning 36 1/2004	1 X / 5-7 Years	Aid in bathing	Per Unit		Paul M. Deutsch, Ph.D., CRC, CCM, CLCP, FIALCP based on evaluation and review of medical information 33
	Ending Life Exp.			Per Year		
<i>Raised Toilet Seat</i>	Beginning 36 1/2004	1 X / 3-4 Years	Bowel / bladder care	Per Unit		Paul M. Deutsch, Ph.D., CRC, CCM, CLCP, FIALCP based on evaluation and review of medical information 34
	Ending Life Exp.			Per Year		
<i>Tub & Toilet Safety Rails</i>	Beginning 36 1/2004	1 X Only	Safety aid	Per Unit	Unit cost includes installation by a licensed medical retrofitter.	Paul M. Deutsch, Ph.D., CRC, CCM, CLCP, FIALCP based on evaluation and review of medical information 35
	Ending 36 1/2004			Per Year		
<i>Power Hospital Bed</i>	Beginning 36 1/2004	1 X / 5-7 Years	Proper positioning and ease of care.	Per Unit		Paul M. Deutsch, Ph.D., CRC, CCM, CLCP based on a review of available medical information and client interview 36
	Ending Life Exp.			Per Year		
<i>Turn Soft Mattress</i>	Beginning 32 12/1999	1 X / 5-7 Years	Rotates patient to help prevention of decubitus ulcers and respiratory problems.	Per Unit	Actual purchase date and price.	Paul M. Deutsch, Ph.D., CRC, CCM, CLCP, FIALCP based on medical information and client interview 37
	Ending Life Exp.			Per Year		

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Home Furnishings and Accessories

Item / Service	Age Year	Frequency/ Replacement	Purpose	Cost	Comment	Recommended By
<i>Temperature Control Guards (3)</i>	Beginning 36 1/2004	1 X / 4-6 Years	Prevent scalding with hot tap water	Per Unit	Unit cost is for three.	Paul M. Deutsch, Ph.D., CRC, CCM, CLCP, FIALCP based on evaluation and review of medical information ³⁸
	Ending Life Exp.			Per Year		
<i>Pneumatic Patient Lift</i>	Beginning 34 2001	1 X / 4-6 Years	Assist in transferring patient	Per Unit	Actual purchase date and price.	Paul M. Deutsch, Ph.D., CRC, CCM, CLCP, FIALCP based on evaluation and review of medical information ³⁹
	Ending Life Exp.			Per Year		
<i>Maintenance and Replacement Slings for Power Lift</i>	Beginning 36 1/2004	1 X / 2 Years	Maintain equipment	Per Unit		Paul M. Deutsch, Ph.D., CRC, CCM, CLCP, FIALCP based on evaluation and review of medical information ⁴⁰
	Ending Life Exp.			Per Year		
<i>CPAP Machine</i>	Beginning 36 1/2004	1 X / 4-6 Years	Treatment for sleep apnea.	Per Unit		Paul M. Deutsch, Ph.D., CRC, CCM, CLCP, FIALCP based on medical information and client interview ⁴¹
	Ending Life Exp.			Per Year		

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Aids for Independent Function

Item / Service	Age Year	Frequency/ Replacement	Purpose	Cost	Comment	Recommended By
<i>Environmental Control Unit to include Complete Computer System</i>	Beginning 36 1/2004	1 X / 4-6 Years	Environmental control, computer system used to enhance independence.	Per Unit	The Dragon Naturally Speaking system is an example of the type of program recommended.	Paul M. Deutsch, Ph.D., CRC, CCM, CLCP, FIALCP based on evaluation and review of medical information ₄₂
	Ending Life Exp.			Per Year		
<i>Accessories to Enhance Environmental Control System</i>	Beginning 36 1/2004	1 X / 4-6 Years	Expand capabilities of basic Dragon Naturally Speaking System.	Per Unit		Paul M. Deutsch, Ph.D., CRC, CCM, CLCP, FIALCP based on evaluation and review of medical information ₄₃
	Ending Life Exp.			Per Year		

Accessories to enhance system are as follows: Wireless microphone with wheelchair adapter - \$; Wireless remote security camera - \$; Max View TV Conversion - \$; Door speaker phone with door lock release - \$; System controlled thermostat - \$; Hospital bed control - \$; Infrared extenders set - \$; Additional modules - \$.

<i>Maintenance/Upgrade of Computer and Computer Software</i>	Beginning 37 1/2005	1 X / Year	Maintain equipment	Per Unit	Maintenance on equipment begins one year after each new item is purchased.	Paul M. Deutsch, Ph.D., CRC, CCM, CLCP, FIALCP based on evaluation and review of medical information ₄₄
	Ending Life Exp.			Per Year		
<i>Aids for Independent Functioning</i>	Beginning 36 1/2004	Initial purchase of items now, then annual allowance for replacement or additions.	Enhance independence in personal care, household chores, and cooking.	Per Unit		Paul M. Deutsch, Ph.D., CRC, CCM, CLCP, FIALCP based on evaluation and review of medical information ₄₅
	Ending Life Exp.			Per Year		

Examples of such equipment are as follows: Sock/Stocking donners - \$; long-handled shoehorn - \$; long-handled reacher - \$; long-handled bath sponge - \$; long handled toenail clippers - \$; household and kitchen equipment (bowl holder with bowl - \$, ergonomic adaptive cookware set - \$, push/pull helper - \$, folding pan holder - \$, kitchen rollabout - \$, long reach duster - \$, long reach bathroom cleaner - \$, etc.); adaptive eating utensils - \$; adaptive cups - \$; catheter inserter - \$; easy-pull hairbrush - \$; typing aid - \$; writing orthosis - \$; portable book holder - \$; Dycem \$; Jointed para inspection mirror - \$; leg lifter - \$, etc.

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Aids for Independent Function

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<i>Adaptive Clothing</i>	Beginning 36 1/2004	Annual allowance	Enhance independence	Per Unit	Adapted from Veteran's Administration guidelines.	Paul M. Deutsch, Ph.D., CRC, CCM, CLCP, FIALCP based on evaluation and review of medical information ₄₆
	Ending Life Exp.			Per Year		
<i>Canine Assistant</i>	Beginning 36 1/2004	Annual upkeep and maintenance.	Canine trained to provide assistance to Marion.	Per Unit	Vet \$/year; Food: \$/year; Grooming: \$/year; Equipment (Harness/Leash): \$/year.	Paul M. Deutsch, Ph.D., CRC, CCM, CLCP, FIALCP based on evaluation and review of medical information ₄₇
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Supplies

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Item / Service	Age Year	Frequency/ Replacement	Purpose	Cost	Comment	Recommended By
<i>Miscellaneous Supplies</i>	Beginning 36 1/2004	Annual cost	Daily care	Per Unit		Paul M. Deutsch, Ph.D., CRC, CCM, CLCP, FIALCP based on evaluation and review of medical information ₄₈
	Ending Life Exp.			Per Year		

Marion's current supplies include the following: 14FR Sterile Intermittent catheters - \$ / year; Catheter kits - \$ / year; K-Y Jelly - \$ / year; Gauze - \$ / year; Disposable gloves - \$ / year; Disposable Bed Pads - \$ / year; Disposable Wipes - \$ / year; Syringes - \$ / year; Sodium Chloride - \$ / year; Sterile Water - \$ / year; Antibacterial Hand Wash - \$ / year; Body Lotion, Cream and Soap - \$ / year; CPAP Mask - \$ / year; Mask Cushion - \$ / year; CPAP tubing - \$ / year; Comfeel wound dressing - \$ / year.

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Medications

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Item / Service	Age Year	Frequency/ Replacement	Purpose	Cost	Comment	Recommended By
<i>Prescription Medications</i>	Beginning 36 1/2004	Annual costs	Medications as prescribed	Per Unit		As prescribed by treating physicians.
	Ending Life Exp.			Per Year		

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Current medications include: Baclofen - \$ / month; Florinef - \$ / month; Diazepam - \$ / month; Fosamax - \$ / month; Cholestyramine - \$ / month; Cipro - \$ / month; Vivelle - \$ / month.

<i>Over-The-Counter Medications</i>	Beginning 36 1/2004	Annual allowance	Bowel program, pain, etc.	Per Unit		As recommended by treating physician
	Ending Life Exp.			Per Year		

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Current recommended over-the-counter medications are: Enemeez mini enema - \$ / year; Ibuprofen - \$ / year; Benadryl - \$ / year.

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Home Care / Facility Care

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Primary Disability: Quadriplegia

Item / Service	Age Year	Frequency/ Replacement	Purpose	Cost	Comment	Recommended By
<i>Live-In Attendant</i>	Beginning 36 1/2004	A live-in typically provides 10 hours of direct services, then is available in the home 8 hours at night for emergencies.	Attendant to provide personal care and sleep in home for emergencies.	Per Unit		Paul M. Deusch, Ph.D., CRC, CCM, CLCP, FIALCP based on evaluation and review of medical information ₅₁
	Ending Life Exp.			Per Year		

NOTE: An alternative option to hiring a live-in through an agency would be to "privately hire" HHAs to provide Marion's care. They would be paid on a hourly basis to cover a 24-hour period of time. HHAs in Marion's geographical area earn a mean hourly wage of \$ (Source: U.S. Department of Labor, Bureau of Labor Statistics, Occupational Employment Statistics, 2001 State Occupational Employment and Wage Estimates, Wisconsin, www.bls.gov.) We must also add in an additional 25% factor to that hourly rate to cover matching social security, quarterly unemployment compensation, worker's compensation and appropriate accounting/administrative costs, (See attached Private Hire article). Therefore, the total hourly rate would be \$ per hour, or \$ year, based on 8,760 hours per year.

<i>Additional costs for a live-in for food & utilities</i>	Beginning 36 1/2004	Annual allowance	Additional cost associated with live-in help.	Per Unit		Paul M. Deusch, Ph.D., CRC, CCM, CLCP, FIALCP based on medical information and client interview ₅₂
	Ending Life Exp.			Per Year		
<i>Attendant Care (HHA)</i>	Beginning 36 1/2004	6 hours / day (2,190 hours / year)	Provide care and support when live-in is unavailable.	Per Unit		Paul M. Deusch, Ph.D., CRC, CCM, CLCP, FIALCP based on evaluation and review of medical information ₅₃
	Ending Life Exp.			Per Year		
<i>Skilled Nursing Visit</i>	Beginning 36 1/2004	1 visit / day	Perform bowel program; bladder irrigation and sort medication for dispensing.	Per Unit		Paul M. Deusch, Ph.D., CRC, CCM, CLCP, FIALCP based on medical information and client interview ₅₄
	Ending Life Exp.			Per Year		

Growth Trend To Be Determined By Economist.

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Life Care Plan

Marion Gold

Home Care / Facility Care

DOB: Jun 25, 1967
D/A: Mar 8, 1999
Date Prepared: Jan 7, 2004
Primary Disability: Quadriplegia

Item / Service	Age Year	Frequency/ Replacement	Purpose	Cost	Comment	Recommended By
<i>Housekeeper</i>	Beginning 36 1/2004	Regular weekly service	Clean home, do laundry, etc.	Per Unit		Paul M. Deutsch, Ph.D., CRC, CCM, CLCP, FIALCP based on evaluation and review of medical information ₅₅
	Ending Life Exp.			Per Year		
<i>Interior / Exterior Home Maintenance (Assumes Own Home)</i>	Beginning 36 1/2004	Regular weekly service	Maintain home	Per Unit		Paul M. Deutsch, Ph.D., CRC, CCM, CLCP, FIALCP based on evaluation and review of medical information ₅₆
	Ending Life Exp.			Per Year		
<i>Case Management</i>	Beginning 36 1/2004	2 - 4 hours / month (24 - 48 hours / year)	Coordinate services and offer support.	Per Unit		Paul M. Deutsch, Ph.D., CRC, CCM, CLCP, FIALCP based on evaluation and review of medical information ₅₇
	Ending Life Exp.			Per Year		

NOTE: It is anticipated that in the private hire options, a case manager would be required at least 8-10 hours per month in order to maintain the private hire employees and the responsibilities attached thereto. For the private hire option the cost for case management would be \$- \$/year.

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Life Care Plan

Marion Gold

Future Medical Care Routine

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Item / Service	Age Year	Frequency/ Replacement	Purpose	Cost	Comment	Recommended By
<i>Outpatient Spinal Cord Injury Rehabilitation Evaluation</i>	Beginning 36 1/2004	1 X / 1-2 Years	Assess disability, evaluate needs, monitor condition.	Per Unit	Includes facility charge; PT, OT and Rec Therapy evaluations; Nursing; Seating clinic; Chest x-ray and Housing. All other charges are outlined separately within this life care plan.	Theresa Reilly, M.D.
	Ending Life Exp.			Per Year		

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Medical Tests: According to research published by the U.S. Preventive Services Task Force (USPSTF), the Clinical Practice Guidelines published by the Consortium for Spinal Cord Medicine (CSCM), and MEDLINE, 33 preventive procedures are recommended in the Veteran's Administration's (VA) Annual Exam for persons with SCI. These include the following: **Medical History and Physical Exam** including Sensory and Motor level reflex functions, Skeletal Changes, ADL function changes, Skin Integrity, Cardiovascular assessment, Pulmonary Function; **Urinary testing** such as: Creatinine clearance, Renal Sonogram, Renal Scan (CT), IVP, Cystoscopy with biopsy, and Urodynamics; **General Medical Tests** including Chest X-ray, Electrocardiogram for asymptomatic coronary heart disease, CBC and Chemical Profile (including lipids), Urinalysis and Culture/Sensitivity to include acid phosphatas/prostatic specific antigen for patients over age 40, Rectosigmoidoscopy (over age 40), or colonoscopy when indicated, Abdominal sonogram; **Functional and Other Evaluations** to include: Psychosocial Assessment, Vocational Rehabilitation, Sexuality, Rehabilitation evaluation to include changes due to aging, Dietary and Nutritional Assessment.

<i>General Medical</i>	Beginning 36 1/2004	2-4 X / Year	Medical care needed in addition to the annual physical everyone should have.	Per Unit		Paul M. Deutsch, Ph.D., CRC, CCM, CLCP, FIALCP based on medical information and client interview
	Ending Life Exp.			Per Year		

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According to research published by the U.S. Preventive Services Task Force (USPSTF), the Clinical Practice Guidelines published by the Consortium for Spinal Cord Medicine (CSCM), and MEDLINE, 33 preventive procedures are recommended in the Veteran's Administration's (VA) Annual Exam for persons with SCI. These include the following: **Medical History and Physical Exam** including Sensory and Motor level reflex functions, Skeletal Changes, ADL function changes, Skin Integrity, Cardiovascular assessment, Pulmonary Function.

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Item / Service	Age Year	Frequency/ Replacement	Purpose	Cost	Comment	Recommended By
<i>Physiatrist</i>	Beginning 36 1/2004	1 X / Year	Evaluate and monitor for problems associated with spinal cord injury and rehabilitation needs.	Per Unit		Theresa Reilly, M.D.
	Ending Life Exp.			Per Year		

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According to research published by the U.S. Preventive Services Task Force (USPSTF), the Clinical Practice Guidelines published by the Consortium for Spinal Cord Medicine (CSCM), and MEDLINE, 33 preventive procedures are recommended in the Veteran's Administration's (VA) Annual Exam for persons with SCI. These include the following:
Medical History and Physical Exam including Sensory and Motor level reflex functions, Skeletal Changes, ADL function changes, Skin Integrity, Cardiovascular assessment, Pulmonary Function; **Urinary testing** such as: Creatinine clearance, Renal Sonogram, Renal Scan (CT), IVP, Cystoscopy with biopsy, and Urodynamics;
General Medical Tests including Chest X-ray, Electrocardiogram for asymptomatic coronary heart disease, CBC and Chemical Profile (including lipids), Urinalysis and Culture/Sensitivity to include acid phosphatas/prostatic specific antigen for patients over age 40, Rectosigmoidoscopy (over age 40), or colonoscopy when indicated, Abdominal sonogram; **Functional and Other Evaluations** to include: Psychosocial Assessment, Vocational Rehabilitation, Sexuality, Rehabilitation evaluation to include changes due to aging, Dietary and Nutritional Assessment.

<i>Urologist</i>	Beginning 36 1/2004	1-2 X / Year	Monitor urological system	Per Unit		Eric Taylor, M.D. and Theresa Reilly, M.D.
	Ending Life Exp.			Per Year		
<i>Psychiatrist</i>	Beginning 36 1/2004	1 X now for evaluation, then 4 X / year to monitor medication.	Assess need for anti-depressant medication and monitor medication after prescribed.	Per Unit		Paul M. Deutsch, Ph.D., C.R.C. CCM. CLCP, FIALCP Lic. Mental Hlth. Couns. (Chptr. 491 Psych. Pract. Act.) and Theresa Reilly,
	Ending Life Exp.			Per Year		

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Life Care Plan

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Item / Service	Age Year	Frequency/ Replacement	Purpose	Cost	Comment	Recommended By
<i>Podiatrist</i>	Beginning 36 1/2004	6 X / Year	Nail Care	Per Unit		Paul M. Deutsch, Ph.D., CRC, CCM, CLCP, FIALCP based on medical information and client interview 63
	Ending Life Exp.			Per Year		
<i>Gastroenterologist or Colon Rectal Specialist</i>	Beginning 36 1/2004	1 X / Year	Evaluate, monitor and treat pain associated with bowel program.	Per Unit		Paul M. Deutsch, Ph.D., CRC, CCM, CLCP, FIALCP based on medical information and client interview 64
	Ending Life Exp.			Per Year		
<i>Dentist</i>	Beginning 36 1/2004	2 X / Year in addition to the two times per year everyone should see their dentist.	Maintain hygiene due to physical limitations preventing proper cleaning.	Per Unit		Paul M. Deutsch, Ph.D., CRC, CCM, CLCP, FIALCP based on medical information and client interview 65
	Ending Life Exp.			Per Year		
<i>Laboratory Testing</i>	Beginning 36 1/2004	1 X / Year	Monitor condition	Per Unit	CBC, Comp Metabolic Panel, Urinalysis, Urine Culture & Sensitivity, Liver functions	Theresa Reilly, M.D. and Eric Taylor, M.D.
	Ending Life Exp.			Per Year		

General Medical Tests including Chest X-ray, Electrocardiogram for asymptomatic coronary heart disease, CBC and Chemical Profile (including lipids), Urinalysis and Culture/Sensitivity to include acid phosphatas/prostatic specific antigen for patients over age 40, Rectosigmoidoscopy (over age 40), or Colonoscopy when indicated, Abdominal sonogram.

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Item / Service	Age Year	Frequency/ Replacement	Purpose	Cost	Comment	Recommended By
<i>Renal System Diagnostic Testing</i>	Beginning 36 1/2004	1 X / Year	Monitor neurogenic bladder and renal system	Per Unit	Renal Ultrasound, KUB, Cystoscopy	Theresa Reilly, M.D. and Eric Taylor, M.D.
	Ending Life Exp.			Per Year		

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Urinary testing such as: Creatinine clearance, Renal Sonogram, Renal Scan (CT), IVP, Cystoscopy with biopsy, and Urodynamics.

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Future Medical Care Aggressive Treatment

Item / Service	Age Year	Frequency/ Replacement	Purpose	Cost	Comment	Recommended By
Colonoscopy	Beginning 50 2017	1 X / 5 Years	Monitor system	Per Unit		Theresa Reilly, M.D.
	Ending Life Exp.			Per Year		

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General Medical Tests: Rectosigmoidoscopy (over age 40), or Colonoscopy when indicated, Abdominal sonogram.

MRI of Spine	Beginning 36 1/2004	1 X / 5 Years	Monitor fusion and associated complications of spinal cord injury.	Per Unit		Theresa Reilly, M.D.
	Ending Life Exp.			Per Year		

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MRI for Syrx: Classic research on syrx (syringomyelia) indicated this was a relatively rare sequela of SCI, occurring in < 3.2% of patients. This was based on symptomatic patients, and identification was possible only by myelography. With the advent of MRI, studies by Backe, et al, indicated that routine MRI scans done showed a prevalence of a syrx at 51% at a mean age of 15.6 years. Spasticity did correlate with the presence of a cyst. Forty-three percent of patients with a cyst had severe spasticity, compared with only 9% of patients with no cyst. This prevalence of syrx was 15 times higher than that reported in previous studies using myelography of symptomatic patients. The results of this study were consistent with those of Hussey et al, who routinely performed MRIs on their patients and found a 64% prevalence.

Topics in SCI Rehabilitation, Pediatric Rehabilitation; "Orthopedic Problems in the Child with SCI", Randal R. Betz, Volume 3, Number 2, Fall 1997, An Aspen Publication.

Baclofen Pump	Beginning 36 1/2004	1 X / 5-7 Years	Reduce spasticity	Per Unit	Estimated cost includes trial, equipment, surgeon's fee, hospital charges, and anesthesia.	Theresa Reilly, M.D.
	Ending Life Exp.			Per Year		

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Medication refills, reprogramming of the equipment and follow-up x-rays will be needed at an estimated cost of \$ / year. Replacement of the pump required 1 X / 5-7 years.

Growth Trend To Be Determined By Economist.

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Future Medical Care Aggressive Treatment

Item / Service	Age Year	Frequency/ Replacement	Purpose	Cost	Comment	Recommended By
<i>Revision of Mitrofanoff</i>	Beginning 50 2017	1 X Only (Estimated)	Maintain access for catheterization.	Per Unit	20% to 25% chance revision will be needed over course of life expectancy.	Eric Taylor, M.D.
	Ending 50 2017			Per Year		

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Growth Trend To Be Determined By Economist.

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Life Care Plan

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Transportation

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Item / Service	Age Year	Frequency/ Replacement	Purpose	Cost	Comment	Recommended By
<i>Adapted Van with Wheelchair Lift and Hand Controls</i>	Beginning 36 1/2004	1 X / 5-7 Years	Transportation	Per Unit		Paul M. Deutsch, Ph.D., CRC, CCM, CLCP, FIALCP based on evaluation and review of medical information ₇₂
	Ending Life Exp.			Per Year		

Trade-in value to be determined by economist. For information purposes, the average cost of a typical family car in the U.S. is \$26,150 (2002 dollars). This should be subtracted from the price of the van.

<i>Adapted Equipment Maintenance</i>	Beginning 37 1/2005	1 X / Year	Maintain equipment	Per Unit	Per year allowance incurred every year except new van purchase years.	Paul M. Deutsch, Ph.D., CRC, CCM, CLCP, FIALCP based on evaluation and review of medical information ₇₃
	Ending Life Exp.			Per Year		
<i>American Auto Association (AAA)</i>	Beginning 36 1/2004	Annual membership	Emergency roadside assistance.	Per Unit		Paul M. Deutsch, Ph.D., CRC, CCM, CLCP, FIALCP based on evaluation and review of medical information ₇₄
	Ending Life Exp.			Per Year		

Growth Trend To Be Determined By Economist.

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Life Care Plan

Marion Gold

Architectural Renovation(s)

DOB: Jun 25, 1967
D/A: Mar 8, 1999
Date Prepared: Jan 7, 2004
Primary Disability: Quadriplegia

Item / Service	Age Year	Frequency/ Replacement	Purpose	Cost	Comment	Recommended By
Architectural Renovations	Beginning 36 1/2004	1 X Only	Accessibility	Per Unit		Paul M. Deutsch, Ph.D., CRC, CCM, CLCP, FIALCP based on evaluation and review of medical information ₇₅
	Ending 36 1/2004			Per Year		

Modifications/Architectural Renovations, according to Moreo Brothers, includes the following:

Minimal modifications can average \$6,000 - \$10,000. This would include: Roll-in shower, personal shower head with 6' hose, anti-scald device, grab bars, handicap toilet, slip-resistant floor tile and 36" doorway. **More extensive modifications can average \$8,000 - \$14,000.** This would include the above items plus: Enlargement of bathroom size to accommodate wheelchair turning radius (best accomplished if a walk-in closet adjoins the bathroom), roll-under vanity sink with lever or single-pull faucets, lowered mirror over the sink, insulated pipes to prevent leg burns, additional lighting, accessible towel bars, soap dish and toilet paper dispenser. Accessible design that is implemented at the time architectural plans are drawn for a single-family home can be provided in a cost-effective manner that is also aesthetically appropriate. For example, new single-family home blueprints can include 36" doorways with lever handle hardware; support backing placed in the walls of bathrooms for present/future grab bars; low-incline concrete walkways to eliminate steps at the front & rear entries; accessible electrical switches & lighting; curbless, roll-in showers; and other significantly important accessibility features for the existing or potential needs of homeowners. **On average, the cost to build a fully accessible single-family home in the U.S. is approximately 8% - 12% of the total cost of "standard" construction.**

- (1) Moreo, James, *Moreo Construction*, 1820 SW 100 Ave., Miramar, FL 33025 (954) 432-4999
- (2) Moreo, Nick, *Moreo Construction*, 130 NW 72nd Terrace, Pembroke Pines, FL 33024 (954) 435-6749,
- (3) Moreo, Roy, *Moreo Construction*, 46 Meadow Lake Circle N, Lake Placid, FL 33852 (941) 699-5968

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Life Care Plan

Marion Gold

Leisure Time/Recreational

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Item / Service	Age Year	Frequency/ Replacement	Purpose	Cost	Comment	Recommended By
<i>Attendant Allowance</i>	Beginning 36 1/2004	Annual allowance	Allowance to cover the cost for her attendant to accompany her to leisure activities.	Per Unit		Paul M. Deutsch, Ph.D., CRC, CCM, CLCP, FIALCP based on evaluation and review of medical information
	Ending Life Exp.			Per Year		

Growth Trend To Be Determined By Economist.